IBU REGIONAL EVENT BIATHLON

CENTRALNY OŚRODEK SPORTU
DUSZNIKI-ZDRÓJ
OŚRODEK PRZYGOTOWAŃ OLIMPIJSKICH

IBU CENTRAL EUROPEAN REGIONAL CUP BIATHLON

# DUSZNIKI-ZDRÓJ

## 27.02-1.03.2026

POLSKI ZWIĄZEK BIATHLONU
POLISH BIATHLON ASSOCIATION

Ministerstwo Sportu i Turystyki

Duszniki ZDRÓJ



PKO Bank Polski

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## VENUE
Centralny Ośrodek Sportu - Ośrodek Przygotowań Olimpijskich w Dusznikach-Zdroju Jamrozowa Polana Jamrozowa Polana is located 650–675 m above sea level.

## ORGANIZER
**Polish Biathlon Association**
ul Kościuszki 84
40-518 Katowice Poland
Tel.: +48 32 207 53 86
E-mail: biuro@biathlon.com.pl
**COS Duszniki Zdrój**

## OC EXECUTIVE POSITIONS
**Polish Biathlon representative**
Kinga Goraj
e-mail: k.goraj@biathlon.com.pl

**OC Executive positions**
e-mail: Sandra Baranowska
s.baranowska@biathlon.com.pl,
Agnieszka Cyl
a.cyl@biathlon.com.pl

## COMPETITION COMITTEE
**Chief of Competition:** Kinga Goraj
**Technical Delegate:** Joanna Badacz
**Chief of Office:** Sandra Baranowska
**Chief of Course:** Sławomir Bernacki/Ewelina Jedziniak
**Chief of Range:** Ryszard Guła
**Chief of Start/Finish:** Jolanta Kaźmierak
**Timing:** Bartłomiej Golec
**Chief of common waxing:** Agnieszka Cyl / Anton Shydlouski

## COMPETITION OFFICE
Friday, 27.02.2026 – 12.00–17.00
Saturday, 28.02.2026 – 8.00–17.00
Sunday, 01.03.2026 – 8.00–17.00

## IMPORT AND EXPORT OF RIFLES, AMMUNITION
Owners of the European rifle licence (ERL) need no other documents when entering the Poland.

## LIABILITY / INSURANCE
The organiser shall not be held liable for any damages caused to persons or material/equipment. All participants must be covered by sufficient health, accident and liability insurance. By submitting the entry form the respected National Federation confirms that all persons registered are covered by the appropriate insurance (in accordance with 1.6.1.2. IBU Event and Competition Rules).

## REPORT AFTER ARRIVAL
Team captains have to report the team´s arrival to the Competition Office in shooting range

## ARRIVAL AND PARKING
Parking is available at the stadium is designated area. When entering and parking in the „Biathlon Arena" the traffic signs and instructions of the organisers must be observed!

## ACCOMMODATION AND STAY
Accommodation for all participants will be arranged by themselves. Contact the respective hotels directly, see below the list of hotels.

Wellness & Spa Werona - http://www.werona-spa.pl/
Hotel Fryderyk - https://www.fryderyk.com.pl/
Hotel Kudowa - https://www.hotelkudowa.pl/
Hotel Amalia - https://www.hotelamalia.pl/
Skałka Zieleniec - https://skalka-zieleniec.pl/
Hotel Muza - https://www.hotelmuza.pl/
Hotel Impresja - http://impresja.net/hotel/
Hotel Sonata - http://sonataduszniki.pl/pl/
Medical Sensus - http://medicalsensus.pl/
Villa Fortuna - http://www.villafortuna.com.pl/
Villa Scandia - https://dusznikinoclegi.pl/

## IBU TRAVEL CONTRIBUTION
The IBU contributes travel costs 200 eur per youth and junior athlete per event up to sum 4000 eur per participating NF from Central European region, except host NF. The travel contribution will be based on competition results and transferred by IBU to the respective NF.

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## REGISTRATION AND ENTRY

Registration of all the participants will be carried out through online. Please send applications to the e-mail address a.cyl@biathlon.com.pl (for polish athletes there is a platform Logowanie | BGTimeSport )
Deadline for registration by name is 25.02.2026
All athletes participating at IBU Regional events must be registered in IBU membercenter as an basic athletes at least. Deadline for this registration is 14th February 2026! Please submit entries in the format as shown in the example: First name, Last name, Gender (F/M), club, country, Date of birth, IBU ID

## TEAM CAPTAINS MEETING

Team Captains Meeting is 27.02.2026 at 5:00 p.m. on the COS building at the stadium

## COMPETITION RULES

The competitions will be held according to the valid IBU Rules in their current version. Specific Regional Event Rules as mentioned in the related IBU Regional events guidelines 2025/2026 and specifications published in this Invitation.

## CLASSES OF COMPETITORS

Class of comp/year of birth
U17 2009/2010 - youth U17 (prone and standing)
U19 2007/2008 - youth U19
U21 2005/2006 - junior U21

## DISCIPLINES

Sprint,
Individual

## COMMONWAXING

For all the competitions, disciplines and classes will be applied common waxing. The athletes are responsible to hand over skis the day before the respective competition at certain times according to the competition program. Waxed skis will be available at the ski racks in the start area10 minutes before the start. Detailed information will be provided at the TCM.

## TARGET SYSTEM

The shooting range is equipped with 30 electronic Kurvinen targets.

## TEAMS AND CHANGING ROOMS

Due to the limitations of the facility, changing rooms are assigned by the organizer, and shared changing rooms may be allocated. Keys to the changing rooms will be available at the competition office.

## CEREMONIES

Athletes receive diplomas for places 1–6 and prizes for places 1–3.

## COMPETITION PROGRAM

**Friday, 27.02.2026**
OFICIAL TRAINING
15:00 - Sprint entries deadline (on-line)
12:00-14:00 - Official training I session
14:30- 16:30 - Official training II session
17:30 - Team captains meeting

**Saturday, 28.02.2026**
SPRINT
12:30- 12:55 - Zeroing – Youth M, junior M, senior M
13:00- 13:25 - Zeroing – Youth W , junior K, senior K
Until 13:20 - Material inspection
Until 13:30 - Rifles deposition in the rifle racks at the range
13:30 - Start –senior M, junior M, senior K, junior K
14:30 - Start – Youth M, Youth W
16:00 - Award ceremony

**Sunday, 01.03.2026**
INDIVIDUAL
12:30- 12:55 - Zeroing – Youth M, junior M, senior M
13:00- 13:25 - Zeroing – Youth W , junior K, senior K
Until 13:20 - Material inspection
Until 13:30 - Rifles deposition in the rifle racks at the range
13:30 - Start of Individual senior M, junior M, senior K, junior K, Start of Individual Youth M, Youth W after finished senior and junior
16:00 - Award ceremony

## *NEW ECR 8.5.1.1: Safety marker*

The use of a safety marker (colored flag or lock) is **mandatory for all rifles** when entering the stadium area.

The safety marker **must remain inserted at all times** until the athlete reaches the shooting range, where it may be removed **only for training or competition purposes.**

### Training

After completing shooting and **when leaving the shooting range**, the safety marker **must be inserted again immediately**.

### Rifle Control

**All rifles must be presented for rifle control with the safety marker inserted**, regardless of the time when the inspection takes place.
Control personnel may temporarily remove the safety marker for inspection purposes.
After inspection, **the rifle must leave the rifle control area with the safety marker inserted.**

### Zeroing

The **same rules as for training apply.**
Once the rifle is placed in the assigned team's rifle rack in the start area, the safety marker **may be removed** as part of the final competition preparations.
When moving from the rifle rack to the start line, the safety marker **must not be inserted**.

### End of Competition

After finishing the race and entering the finish area / passing the mixed zone, the safety marker **must be inserted again as soon as possible**.
In any case, the safety marker **must be inserted before leaving the finish exit area or returning to the warm-up area (rifle racks).**
The safety marker must then **remain inserted at all times** until the next training or competition process begins.

### Exception – Dry Shooting

For dry shooting, the safety marker **may be removed temporarily**.
It **must be inserted again immediately after dry shooting**.
For safety reasons, the use of a **so-called "rubber bullet"** is **strongly recommended** during dry shooting.

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## CLASSES OF COMPETITORS, COMPETITION SPECIFICATION

| CLASS OF COM-PETITOR | SPRINT | | | Individual | | |
|---|---|---|---|---|---|---|
| | COURSE | SHOOTING | PEN. LOOP | COURSE | SHOOTING | PEN. LOOP |
| U17 YOUTH M 2009-2010 | 7,5 KM | PS | 150 M | 10,0 KM | PPSS | 150 M |
| U17 YOUTH W 2009-2010 | 6,0 KM | PS | 150 M | 7,5 KM | PPSS | 150 M |
| U19 YOUTH M 2007-2008 | 7,5 KM | PS | 150 M | 10,0 KM | PPSS | 150 M |
| U19 YOUTH W 2007-2008 | 6,0 KM | PS | 150 M | 7,5 KM | PPSS | 150 M |
| U21 JUNIOR M 2005-2006 | 10,0 KM | PS | 150 M | 15,0 KM | PPSS | 150 M |
| U21 JUNIOR W 2005-2006 | 7,5 KM | PS | 150 M | 12,5 KM | PPSS | 150 M |